

## Off-Campus and Emergency Mental Health Resources

### CLINICS AND RESOURCES FOR MENTAL HEALTH

Student Assistance Program

*Services are free for KCAI students.*

855-340-6487

24/7/365 day access to helpline

[www.ndbh.com](http://www.ndbh.com)

[Kansas City CARE Clinic](#) - Midtown location

*Services are for insured and uninsured individuals and services may be free or on a sliding scale basis.*

3515 Broadway

Kansas City, MO 64111

816-777-2722

[Kansas City CARE Clinic](#) - Prospect location

*Services are for insured and uninsured individuals and services may be free or on a sliding scale basis.*

5119 E. 24th Street

Kansas City, MO 64127

[UMKC Community Counseling and Assessment Center](#)

*Fees are determined on a sliding scale basis.*

UMKC – School of Education

615 E. 52nd St.

816-235-2725

### EMERGENCY RESOURCES

If you are having thoughts of suicide, please call the crisis hotline (see below), call 911 or go to the nearest emergency room.

24-hour suicide/crisis line: 1-800-273-TALK

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

If you are having thoughts of suicide and need to go to the hospital, local emergency resources are listed below:

Research Mental Health Services

816-235-8162, *Intake Coordinator*

Or  
Research Psychiatric Center  
816-444-8161  
2316 E. Meyer Blvd.  
Kansas City, MO 64132

St. Luke's Hospital Emergency Room  
4400 Wornall Road  
Kansas City, MO 64111  
816-932-2000 or 816-932-2171

Shawnee Mission Medical Center  
913-676-2530  
9100 W. 74th St.  
Kansas City, KS 66204

KU Medical Center  
913-588-5000  
3901 Rainbow Blvd.  
Kansas City, KS 66160

Two Rivers  
1-800-225-8577 or 816-382-6300  
5121 Raytown Rd.  
Kansas City, MO 64133

Center for Behavioral Medicine  
816-512-7000  
100 E. 24th St.  
Kansas City, MO 64108

Truman Medical Center ER - Behavioral Health  
816-404-3800  
100 E. 24th St.  
Kansas City, MO 64108

[MOCSA](#) – Metropolitan Organization to Counter Sexual Assault  
24-hour Crisis Line:  
Missouri: 816-531-0233  
Kansas: 913-642-0233

### **OTHER RESOURCES**

[The ULine](#) – For mental health on college campuses

[The Jed Foundation](#) – Preventing Suicide on college campuses

[LGBTQIA Resources](#) – For LGBT individuals and allies

[UMKC's LGBT office](#) – For LGBT activities and resources

[The LGBT Affirmative Therapists Guild of Greater Kansas City](#)

Local AA/NA groups and resources

- [Alcoholics Anonymous](#)
- [Narcotics Anonymous](#)

[Drug rehabilitation resources and locations](#)

[Guide to College Student Mental Health](#)

[Love is Respect](#)

[helpguide.org](#)