

# Off-Campus and Emergency Mental Health Resources

### CLINICS AND RESOURCES FOR MENTAL HEALTH

Student Assistance Program
Services are free for KCAI students.
855-340-6487
24/7/365 day access to helpline
www.ndbh.com

## Kansas City CARE Clinic - Midtown location

Services are for insured and uninsured individuals and services may be free or on a sliding scale basis. 3515 Broadway
Kansas City, MO 64111
816-777-2722

# Kansas City CARE Clinic - Prospect location

Services are for insured and uninsured individuals and services may be free or on a sliding scale basis. 5119 E. 24th Street
Kansas City, MO 64127

## UMKC Community Counseling and Assessment Center

Fees are determined on a sliding scale basis. UMKC – School of Education 615 E. 52nd St. 816-235-2725

#### **EMERGENCY RESOURCES**

If you are having thoughts of suicide, please call the crisis hotline (see below), call 911 or go to the nearest emergency room.

24-hour suicide/crisis line: 1-800-273-TALK

www.suicidepreventionlifeline.org

If you are having thoughts of suicide and need to go to the hospital, local emergency resources are listed below:

Research Mental Health Services 816-235-8162, *Intake Coordinator* 

Research Psychiatric Center 816-444-8161 2316 E. Meyer Blvd. Kansas City, MO 64132

St. Luke's Hospital Emergency Room 4400 Wornall Road Kansas City, MO 64111 816-932-2000 or 816-932-2171

Shawnee Mission Medical Center 913-676-2530 9100 W. 74th St. Kansas City, KS 66204

KU Medical Center 913-588-5000 3901 Rainbow Blvd. Kansas City, KS 66160

Two Rivers 1-800-225-8577 or 816-382-6300 5121 Raytown Rd. Kansas City, MO 64133

Center for Behavioral Medicine 816-512-7000 100 E. 24th St. Kansas City, MO 64108

Truman Medical Center ER - Behavioral Health 816-404-3800 100 E. 24th St. Kansas City, MO 64108

MOCSA – Metropolitan Organization to Counter Sexual Assault

24-hour Crisis Line: Missouri: 816-531-0233 Kansas: 913-642-0233

## **OTHER RESOURCES**

The ULine – For mental health on college campuses

<u>The Jed Foundation</u> – Preventing Suicide on college campuses

<u>LGBTQIA Resources</u> – For LGBT individuals and allies

<u>UMKC's LGBT office</u> – For LGBT activities and resources

The LGBT Affirmative Therapists Guild of Greater Kansas City

Local AA/NA groups and resources

- <u>Alcoholics Anonymous</u>
- Narcotics Anonymous

Drug rehabilitation resources and locations

Guide to College Student Mental Health

Love is Respect

helpguide.org